



Normanview Residents Group

your Community Association

www.NRGI.ca

"get-Plugged-in"

NRG MONTHLY

April 2026



Community

Memberships are valid from September 1st to August 31st and are \$10 per family.



Programs are running smoothly- **Zumba drop in classes are still available!** Visit www.nrgi.ca to register.

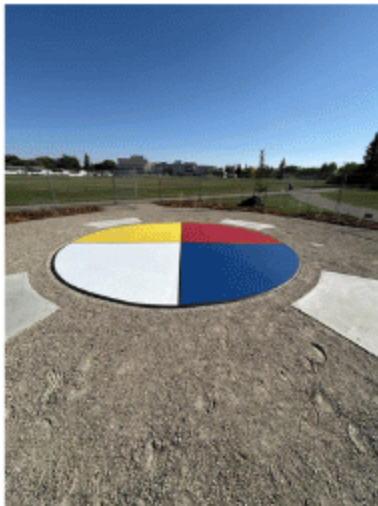
Spring Clean-up April 26th Ken Jenkins, Milne & Pickard Parks
We could use your help!

Please email
2023nrgi@gmail.com



SNOW ANGEL PROGRAM:
THIS PROGRAM IS NOW COMPLETE. WE WANT TO ACKNOWLEDGE ALL THE VOLUNTEERS THAT MAKE THIS PROGRAM A SUCCESS. PLEASE NOTE THAT WE WOULD NOT BE ABLE TO PROVIDE THIS PROGRAM WITHOUT THE FINANCIAL ASSISTANCE FROM THE CITY OF REGINA..

IF YOU HAVE ANY CANS OR BOTTLES THAT YOU WOULD LIKE TO DONATE TO YOUR COMMUNITY ASSOCIATION PLEASE EMAIL
2023NRGI@GMAIL.COM .
YOUR DONATION IS GREATLY APPRECIATED AND PARTICULARLY ASSISTS US IN THE GRANDFATHER TEACHINGS PROJECT AND SNOW ANGEL PROGRAM.



Grandfather Teachings

This project is nearing completion. Target completion date is June 30, 2026!

May 22-23-24 Mark your calendars

To register your address please email
2023nrgi@gmail.com



Did you know?

Acceptable Blue Cart items

- ***Paper (newspaper, magazines, envelopes)***
- ***Carboard (large boxes, pizza box, cereal box)***
- ***Plastic Packaging (yogurt, peanut butter, condiments, clear plastic fruit container, mouthwash, shampoo, bleach, detergent and more)***
- ***Metal containers and foil (soup cans, pie plates, aluminum foil)***
- ***Beverage containers (juice box, milk carton/jug, pop cans)***
- ***Coffee and chip cans***
- ***Ice cream containers, coffee cups and lids (recycle both, but separate first), gift bags (remove handles), floss containers, tape dispensers, and single-use coffee pods (empty and rinse).***
- ***These items can now be taken to SARCAN for recycling: glass, flexible plastics (plastic bags, wrap, bread bags, frozen food bags, chip bags), and foam packaging. Visit sarc.ca for more information.***



Steampunk April 18th

Chen, Cheng & Beethoven

April 25th



Taste of Spring April 17-18

PRESENTED BY



Kathleen Edwards April 4th

Wheatus April 8th

Reveen April 10th

Prozzak April 15th

Tenille Townes April 21st

The Sheepdogs April 25th

Phil Vassar April 30th

1st Nations Powwow

April 18th & 19th

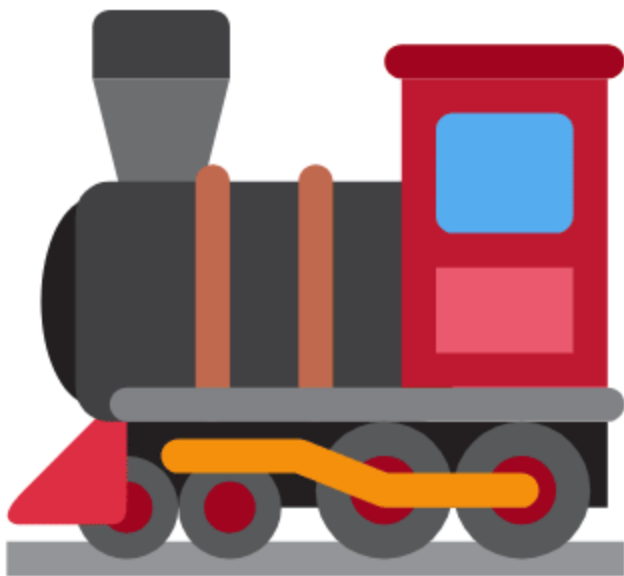
3 Days Grace

April 25th



**Register to play softball at
www.rnwsa.ca.**

**In person registration April 11th
NWLC- 2:30-3:30**



Residents in north west
Regina will see train cars a
few times per week, moving
at low speeds, on the rail line
that has been inactive for
many years.

Q & A's from Last Mountain
Railway & Mobilgrain are
below



Little Free Libraries
Pickard, Ken Jenkins
and Milne Parks
opening soon. **If you
have childrens books
we would gladly
accept them!**



Welcome to the
neighborhood école
du Parc
2382 2nd Avenue N!



RAILWAY SAFETY Q&A

What You Need to Know About the LMR Trains in Regina

Last Mountain Railway (LMR) and MobilGrain are increasing train service in Regina. Here are answers to questions you might have.

Q: Why are there suddenly more trains in my neighbourhood?

A: LMR and MobilGrain are ramping up rail service in Regina over the coming weeks to support local industry and reduce truck traffic on city roads. It's a planned, gradual increase.

Q: How many trains will I see, and how big are they?

A: Expect around 2–3 trains per week, each pulling roughly 20–50 railcars. As demand grows, that frequency may increase over time.

Q: Will the trains be noisy or disruptive?

A: LMR has measures in place to keep disruption low. Trains will travel at 15 mph within city limits, and anti-whistling rules are in effect at designated crossings — so horns will only sound when absolutely needed for safety.

Q: Is it safe to be near the tracks?

A: Be sure to follow safety rules:

- Always look both ways before crossing.
- Flashing lights or ringing bells mean a train is on its way — stop and wait.
- Never try to duck under or climb over a stopped train as it can start moving without warning.
- Use designated crossings only and follow all signs and signals.

Q: Can I walk or hang out near the tracks?

A: No — railway tracks and surrounding property are privately owned, and being on them without permission is against the law. This includes taking shortcuts, exploring, or stopping to take photos. It's not worth the risk — trains are much quieter and faster than most people expect, and they take a long distance to stop even at slow speeds.

Q: Who's making sure the trains operate safely?

A: Quite a few people, actually. During the startup period:

- CN Police will be present during initial operations.
- Railway pilot vehicles will travel ahead of the first trains.
- Staff will be on hand to guide trains as traffic ramps up.
- Most crossings have automatic warning systems or Stop signs, and tracks are regularly inspected.

Q: What's in it for Regina?

A: More rail service actually benefits the community in several ways:

- Supports local jobs and industries across Saskatchewan.
 - Reduces the number of large trucks on city roads, which means less congestion and road wear.
- Strengthens Regina's place in Canada's trade and supply chain network.

Q: What should I tell younger kids about the trains?

A: Keep it simple: tracks are not a playground. Trains can show up quietly and without much warning, and they can't stop quickly. The safest rule is to stay well clear of the tracks at all times — and only cross where it's safe to do so.