



Normanview Residents Group

your Community Association

www.NRGI.ca

"get-Plugged-in"

NRG MONTHLY



February 2026



New Look and Feel for our Newsletter!

[Community Memberships are valid from September 1st to August 31st and are \\$10 per family.](#)

Snow Angel Program:

Although the program is now closed, we may be able to offer assistance as long as you live within the boundaries of NRG. Please visit our website at www.nrgi.ca for the application. Please note that we would not be able to provide this program without the financial assistance from the City of Regina.



Program Update

Our programs for the winter session are in full swing.

Please visit www.nrgi.ca to register. There are still spots available for **Badminton, Volleyball, Whist & Zumba!** Programs that are at capacity are **Floor Curling, Forever in Motion & Pickleball.**

IF YOU HAVE ANY CANS OR BOTTLES THAT YOU WOULD LIKE TO DONATE TO YOUR COMMUNITY ASSOCIATION PLEASE EMAIL 2023NRGI@GMAIL.COM . YOUR DONATION IS GREATLY APPRECIATED AND PARTICULARLY ASSISTS US IN THE GRANDFATHER TEACHINGS PROJECT AND SNOW ANGEL PROGRAM.



Grandfather Teachings

OMOSŌMIMĀW OKISKINWAHAMĀKĒWINA

This project is located in Ken Jenkins Park and is currently on hold. As you can see, the medicine wheel is complete. The curved benches will be installed in the early spring. We are currently working on the information board and hopefully this will also be installed in the spring. In the next issue we will explain what the teachings (Love, Respect, Truth, Wisdom, Courage, Honesty and Humility) are.

The colors of the medicine wheel are unique.

East - Yellow: Represents the rising sun, new beginnings, and the element of air. It symbolizes vitality, freshness, and youthful energy.

South - Red: Associated with the midday sun, summer, and the element of fire. It embodies strength, passion, courage, and the peak of life.

West - Black (Blue): Signifies the setting sun, dusk, and the element of water. It represents introspection, stillness, and the unconscious. Blue was chosen for this project as this color was more representative for the Cree in the area.

North-White: Represents the moon, nighttime, and the element of earth. It symbolizes wisdom, clarity, and the teachings of the elders.



BE SURE TO CHECK OUT FROST REGINA FOR THE FOLLOWING 3 WEEKENDS- FEB 6-8, FEB 13-16, FEB 20-22. VISIT [FROST REGINA](#) « WHERE WINTER COMES TO LIFE! FOR ALL THE EVENTS!



REGINA PATS HOME SCHEDULE

FEB 6- SASKATOON
FEB 7- CALGARY
FEB 13- MOOSE JAW
FEB 16- SWIFT CURRENT
FEB 20- EDMONTON
FEB 21- PENTICTON
FEB 25- PRINCE GEORGE
FEB 28- SASKATOON



WOMEN'S HOCKEY FEBRUARY 6TH & 7TH VS
U OF M BISONS
MEN'S HOCKEY FEBRUARY 13TH & 14TH
TRINITY WESTERN SPARTANS
GAMES AT THE COOPERATOR'S CENTRE



FEB 12TH WE WILL CHOIR YOU
FEB 13TH THE ROAD HAMMERS &
DOC WALKER
FEB 21ST AN EVENING WITH OPIE &
FRIENDS
FEB 26TH JOSH ROSS

PRESENTED BY



Always Entertaining

FEB 5TH DANKO JONES

FEB 7TH "NEARLY NEIL"

FEB 13TH THE ROAD HAMMERS & DOC WALKER

FEB 14TH CRAZY STUPID LOVE

FEB 19TH THE TREWS

FEB 20TH SNOWED IN COMEDY TOUR

FEB 21ST AMERICAN ROCK LEGENDS TRIBUTE

FEB 25TH TIM MEADOWS

FEB 28TH GIL GRAND

*Valentine's
Day*

FEB 14TH IS VALENTINE'S
DAY! WHY DON'T YOU
TREAT YOUR LOVED ONE
TO A DINNER OUT AT
ONE OF REGINA'S MANY
EATING
ESTABLISHMENTS!

