



Normanview Residents Group
your Community Association

www.NRGI.ca

"Get-Plugged-in"

*** Newsletter May 2025***

Greetings All,

It is that time of year to get outside and enjoy the sunshine and the warmer weather.

1. Spring Clean-up and BBQ! We will be holding our Spring clean-up on Sunday May 4th starting at 1:00 pm. If you are able to lend a hand, we will be meeting in Ken Jenkins Park by the Little Free Library. After the clean-up, we will be hosting a community BBQ at 220 Irvin Street. Please advise if you are able to attend by Friday May 2nd and if you have any dietary restrictions. This is a family event so children are welcome. Email 2023nrgi@gmail.com or call 306-775-2379 for further information.
2. Our programs are quickly coming to a close this month. Thank you to all our facilitators and volunteers for dedicating their time to all our programs. It is truly appreciated.
3. No new news to share regarding our Grandfather Teachings Project in Ken Jenkins Park other than we are still moving along. The project was guided by elders and will include a medicine

wheel with 4 distinct colours and an information board that will detail the 7 Grandfather Teachings: Wisdom, Love, Respect, Courage, Honesty, Humility and Truth. There will be aspen and saskatoon berry shrubs and benches around the site. This will be a great space for reflection and learning and is located near the new French school (École du Parc), playground and walking path.

4. The Little Free Libraries (LFL) are now open. We are in need of children's books so if you know of someone that would like to donate some, please email 2023nrgi@gmail.com to make arrangements.
5. The Regina Public Interest Research Group (RPIRG) is hosting a Free Gardening 101 Workshop on Friday, May 10th, from 9:00 AM to 4:00 PM at the University of Regina. This event is open to everyone no matter their gardening experience and lunch will be provided. The workshop will be led by Kim Ross, a local farmer, who will be teaching an in-class lecture and a hands-on demo in RPIRG's Green Patch. Kim will be introducing no-till gardening method which is a sustainable approach that uses less water, reduces labor, and helps naturally suppress weeds. To register please visit [Gardening 101 Workshop: No-Till Practice](#).

6. Our next executive meeting is on Thursday May 22nd at 6:30 pm at New Hope Lutheran Church 370 McIntosh Street North. You are welcome to attend.
7. Community Garage Sale weekend is set for May 23rd-25th. If you are interested in registering your address please email 2023nrgi@gmail.com with the dates and times you will be open. We will compile a list of addresses in the neighbourhood that are participating.
8. Come try Regina West Zone Taekwondo. Classes run 3 days a week at Henry Janzen School and are for ages 5 and up. First three classes are always free! Send them a message at wztaekwondo@gmail.com or visit them on Facebook "Regina West Zone Taekwondo" and/or Instagram rwz.tkd
9. Did you know that the Regina Public library offers computer training for adults free of charge? There is basic tech help at each library for 1 hour. You just need a library card to book this time. You can book online at their website www.reginalibrary.ca under the explore button then click on Basic Help Tech. Alternatively you call 306-777-6000 to book a time.
10. September/24 to August/25 Community memberships are still available for purchase. The cost is a nominal \$10 fee that provides support to your community association. It also provides you with a chance to participate in any

city programs run through any of the community associations. You also have a vote at the AGM and allows your attendance at our appreciation BBQ. Visit www.nrgi.ca to purchase a membership.

11. Local Thursdays are a chance for Facebook users to advertise in our community. Feel free to take advantage of this opportunity.
12. Did you also know that SARCAN is accepting flexible plastics, foam packaging and glass containers that would otherwise end up in our landfill? Visit [Now Accepted at SARCAN!](#) for further information.
13. If you have any cans or bottles that you would like to donate to our community association you can do so by dropping your donations off at SARCAN and using the phrase "Get-Plugged-In" or our email address 2023nrgi@gmail.com . If you are unable to make it to SARCAN we would gladly pick up your cans and bottles. Simply email 2023nrgi@gmail.com and provide your address. **Thank you to those who donated their cans & bottles!**

Cheers.

Rob Bogdan

President

Normanview Residents Group Inc.

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