

* Newsletter April 2025*

Greetings,

Looks like Spring will be here shortly and certainly not soon. We had a heck of a winter and we look forward to enjoying some warm weather.

- 1. Programs continue to be running smoothly. The drop-in programs for yoga, zumba and kickboxing are quite popular. If this is of interest to you or someone you know, please register for these classes at our website www.nrgi.ca.
- 2. We are excited to get our Grandfather Teachings Project in Ken Jenkins Park moving. The project was guided by elders and will include a medicine wheel with 4 distinct colours and an information board that will detail the 7 Grandfather Teachings: Wisdom, Love, Respect, Courage, Honesty, Humility and Truth. There will be aspen and saskatoon berry shrubs and benches around the site. This will be a great space for reflection and learning and is located near the new French school (École du Parc), playground and walking path.

- 3. The snow angel program is quickly coming to an end. Thank you to all the angels as this year was particularly challenging with all the snow that fell. We had 26 participants this past year.
- 4. The poster in Normanview Crossing was reconstructed. Next time you travel to Jackson's YIG or Dollarama be sure to check it out!
- 5. The Little Free Libraries (LFL)- Pickard, Ken Jenkins & Milne park will be open soon. The LFL at Milne park on Sherwood Drive was vandalized and is currently being reconstructed. It will be opened as soon as construction is complete.
- 6. Cleanup in Ken Jenkins and Al Pickard parks is set for Sunday May 4th starting at 1:00 pm. If you can spare a couple of hours on that day, it would be greatly appreciated. Please mark your calendars and reply to this email if you are available.
- 7. Come try Regina West Zone Taekwondo. Classes run 3 days a week at Henry Janzen School and are for ages 5 and up. First three classes are always free! Send them a message at wztaekwondo@gmail.com or visit them on Facebook "Regina West Zone Taekwondo" and/or Instagram rwz.tkd

- 8. Did you know that the Regina Public library offers computer training for adults free of charge? There is basic tech help at each library for 1 hour. You just need a library card to book this time. You can book online at their website www.reginalibrary.ca under the explore button then click on Basic Help Tech. Alternatively you call 306-777-6000 to book a time.
- 9. September/24 to August/25 Community memberships are still available for purchase. The cost is a nominal \$10 fee that provides support to your community association. It also provides you with a chance to participate in any city programs run through any of the community associations. You also have a vote at the AGM and allows your attendance at our appreciation BBQ. Visit www.nrgi.ca to purchase a membership.
- 10.Local Thursdays are a chance for Facebook users to advertise in our community. Feel free to take advantage of this opportunity.
- 11. Did you also know that SARCAN is accepting flexible plastics, foam packaging and glass containers that would otherwise end up in our landfill? Visit Now Accepted at SARCAN! for further information.
- 12.If you have any cans or bottles that you would like to donate to our community association you can do so by dropping your donations off at SARCAN and using the phrase "Get-Plugged-In" or our email address 2023nrgi@gmail.com. If you are unable to

make it to SARCAN we would gladly pick up your cans and bottles. Simply email 2023nrgi@gmail.com and provide your address. Thank you to those who donated their cans & bottles!

Have a great month.

Rob Bogdan
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